

# Map it out

## INTRO:

Have you ever found yourself stuck in a creative rut, desperately searching for a solution to a seemingly unsolvable problem? Fear not! Mapping out your challenge will free your imagination and pave the way for new creative approaches and ideas.

Imagine your challenge as a journey. It could be a complex project at work, a personal dilemma, or a creative block. The first step is to grab a pen and a piece of paper (or a tablet if you prefer) and start sketching out your map.

## ACTIVITY:

Take some time to think about the challenge you are facing and the goal you are trying to reach. Write your goal and then work through the obstacles to achieving your goal.

We've provided a festive 'map' on the next page. Map out your challenge on here or create your own.

## THIS HELPS:

- Cultivate visual thinking
- Refine problem-solving skills

'Tis the  
season  
to be  
creative



The printable worksheet that accompanies this activity can be found on the next page.

Use the 'map' to plot your journey. Write down the goal or objective you want to achieve.  
And make a note of the milestones you want to reach and the obstacles you may encounter.



Write your **goal or objective** here



List the **steps** you need to take to reach your goal here. Number them on the 'map' to help give some focus to your actions.



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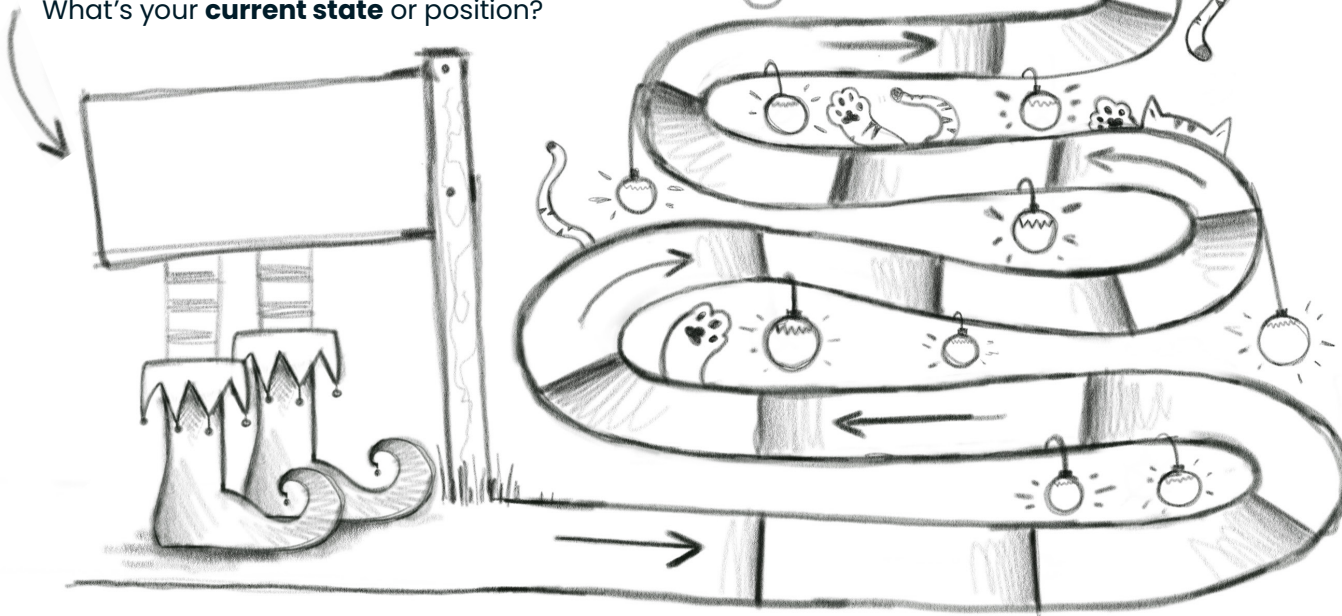
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What's your **current state** or position?



List the **obstacles** you might need to overcome on your journey. Number them on the 'map'.



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Print this worksheet to try this activity.

